

PRODUCT CATALOGUE





CARDIO EQUIPMENT



CRUX S1 Commercial Treadmill

- **Peak horse-power:** 6.0hp
- **Motor:** 3.0hp ac
- **Speed:** 0.8-20km/h
- **Incline:** -3% - 15%
- **Screen:** LED display
- **Display content:** time, calories, pulse, speed, incline, distance
- **Heart rate:** hand pulse
- **Shock absorption system:** multiple shock absorption system
- **Running deck:** 580*1570mm, comfortable, safe, durable
- **Maximum user's weight:** up to 180kg
- **Dimensions:** l2190*w960*h1580mm
- **N.W./G.W.:** 198kg/266kg



CRUX S2 Commercial Treadmill

- **Peak horse-power:** 6.0hp
- **Motor:** 3.0hp ac
- **Speed:** 0.8-25km/h
- **Incline:** -2% - 18%
- **Screen:** LED display
- **Display content:** time, calories, pulse, speed, incline, distance
- **Heart rate:** hand pulse
- **Shock absorption system:** 6 point cushion system
- **Running deck & belt:** 580*1570mm reversible, pre-waxed belt
- **Maximum user's weight:** 180kg
- **Dimensions:** l2220*w985*h1485mm
- **N.W./G.W.:** 205kg/245kg



CRUX X6 Commercial Treadmill

- **Peak horse-power:** 5.0hp
- **Motor:** 2.5hp ac
- **Speed:** 1-20km/h
- **Incline:** 0% - 15%
- **Screen:** LED display
- **Display content:** time, calories, pulse, speed, incline, distance
- **Heart rate:** hand pulse
- **Shock absorption system:** multiple shock absorption system
- **Running deck:** 520*1450mm, comfortable, safe, durable
- **Maximum user's weight:** 130kg
- **Dimensions:** l2030*w910*h1530mm
- **N.W./G.W.:** 141kg/173kg



CRUX LE1 Elliptical Cross Trainer

- **Resistance level:** 40
- **Screen:** multi colour LED display
- **Display content:** manual, time, scan, speed, distance, calories, user program, watt mode, heart rate control.
- **Heart rate:** hand pulse sensor, (wireless pulse band optional)
- **Stride length:** 21 inch
- **Fly wheel:** 14.5kgs
- **N.W./G.W.:** 116kg/123kg
- **Dimensions:** 2175*690*1780(mm)
- **Maximum user's weight:** 160kgs(350lb)



CRUX LR1 Recumbent Bike

- **Resistance level:** 40
- **Screen:** multi colour LED display
- **Display content:** manual, time, scan, speed, distance, calories, user program, watt mode, heart rate control.
- **Heart rate:** hand pulse sensor, (wireless pulse band optional)
- **Fly wheel:** 14.5kgs
- **N.W./G.W.:** 89kg/99kg
- **Dimensions:** 1670*750*1400(mm)
- **Maximum user's weight:** 160kgs(350lb)



CRUX LU1 Upright Bike

- **Resistance level:** 40
- **Screen:** multi Cclour LED display
- **Display content:** manual, time, scan, speed, distance, calories, user program, watt mode, heart rate control.
- **Heart rate:** hand pulse sensor, (wireless pulse band optional)
- **Fly wheel:** 14.5kgs
- **N.W./G.W.:** 68kg/73kg
- **Dimensions:** 1200*575*1520(mm)
- **Maximum user's weight:** 160kgs(350lb)





CRUX SS101 Chest Press

- **Dimensions (mm):** 1471*1395*1820 (L*W*H)
- **Muscles trained:** pectoralis major, anterior deltoids, triceps
- **Weight plates:** 87 kgs
- **Tube size:** 150*50*t2.0



CRUX SS102 Shoulder Press

- **Dimensions (mm):** 1631*1485*1534 (L*W*H)
- **Muscles trained:** deltoids, triceps
- **Weight plates:** 87 kgs
- **Tube Size:** 150*50*t2.0



CRUX SS103 Pec Fly/Rear Deltoid

- **Dimensions (mm):** 1136*825*2043 (L*W*H)
- **Muscles trained:** the pectoralis major muscles, trapezius muscles
- **Weight plates:** 77kgs
- **Tube Size:** 150*50*t2.0



CRUX SS104 High Pull & Low Rowing Trainer

- **Dimensions (mm):** 1521*823*2247 (L*W*H)
- **Muscles trained:** latissimus dorsi, cucullaris, biceps brachii
- **Weight plates:** 97kgs
- **Tube Size:** 150*50*t2.0



CRUX SS105 Row/Rear Deltoid

- **Dimensions (mm):** 1586*1073*1544 (L*W*H)
- **Muscles trained:** back muscles groups, trapezius, biceps
- **Weight plates:** 97 kgs
- **Tube Size:** 150*50*t2.0



CRUX SS106 Lateral Raise

- **Dimensions (mm):** 1118*1290*1550(L*W*H)
- **Muscles trained:** latissimus dorsi, deltoid, trapezius muscles, biceps
- **Weight plates:** 87kgs
- **Tube Size:** 150*50*t2.0



CRUX SS107 Biceps Curl

- **Dimensions (mm):** 1457*1221*1543(L*W*H)
- **Muscles trained:** biceps
- **Weight plates:** 87kgs
- **Tube Size:** 150*50*t2.0



CRUX SS108 Triceps Press

- **Dimensions (mm):** 1180*1130*1540(L*W*H)
- **Muscles trained:** triceps
- **Weight plates:** 107kgs
- **Tube Size:** 150*50*t2.0



CRUX SS109 Seated Leg Press

- **Dimensions (mm):** 1768*1158*1545(L*W*H)
- **Muscles trained:** quadriceps, glutes and calf muscles, etc
- **Weight plates:** 137kgs
- **Tube Size:**150*50*t2.0



CRUX SS110 Leg Extension

- **Dimensions (mm):** 1205*1120*1545(L*W*H)
- **Muscles trained:** quadriceps
- **Weight plates:** 107kgs
- **Tube Size:** 150*50*t2.0



CRUX SS111 Prone Leg Curl

- **Dimensions (mm):** 1540*1100*1550(L*W*H)
- **Muscles trained:** calf muscles
- **Weight plates:** 107kgs
- **Tube Size:** 150*50*t2.0



CRUX SS112 Abdominal

- **Dimensions (mm):** 1579*1023*1688(L*W*H)
- **Muscles trained:** muscles of abdomen
- **Weight plates:** 87kgs
- **Tube Size:** 150*50*t2.0



CRUX SS113 Assist Dip Chin

- **Dimensions (mm):** 975*1425*2230(L*W*H)
- **Muscles trained:** whole body
- **Weight plates:** 97kgs
- **Tube Size:** 150*50*t2.0



CRUX SS114 Adjustable Cable Cross Over

- **Dimensions (mm):** 3775*925*2290(L*W*H)
- **Muscles trained:** the whole body
- **Weight plates:** 93kgs (2 sets)
- **Tube Size:** 120*50*t2.0



CRUX SS115 Functional trainer

- **Dimensions (mm):** 1660*1026*2240(L*W*H)
- **Muscles trained:** shoulder, chest, back, leg
- **Weight plates:** 194kgs (in 2 sets)
- **Tube Size:** 120*50*t2.0



CRUX SS116 Single Station Multi-Gym

- **Main functions:** Chest press, seated row, pec fly, lat pull down, leg extension, etc
 1. Main tube: 100*50 circular tube
 2. Antistatic and antirust spraying
 3. Cable is imported from Japan: high flexibility, self-lubricating and wear-resistant coating, cold resistance, breaking tension 1400KG.
- **Weight plates:** 66kg (11 pcs)
- **Dimensions:** 1460*800*2080mm



CRUX SS117 Three Station Multi-Gym

- **Main functions:** Chest press, Pec fly, lat pull down, hack squatting, parallel bars, pull, crouching, chin up, drawing up with legs, leg extension, etc
 1. Main tube: 100*50 circular tube
 2. Antistatic and antirust spraying
 3. Steel cable is imported from Japan: high flexibility, self-lubricating and wear-resistant coating, cold resistance, breaking tension 1400KG.
- **Weight plates:** 66kg (11pcs)
- **Dimensions:** 2311*1760*2082mm



CRUX SS118 Four Station Multi-Gym

- **Main functions:** Chest press, pec fly, squatting, parallel bars, hanging legs, seat rowing, lat pull down, leg curl, leg press etc.
 1. Main tube: 100*50 circular tube
 2. Antistatic and antirust spraying
 3. Steel cable is imported from japan: high flexibility, self-lubricating and wear-resistant coating, cold resistance, breaking tension 1400kg.
- **Two weigh group plates:** 156kgs (66+90kg)
- **Dimensions:** 2550*2450*2080mm



Benches and Racks



CRUX SP119 Smith Machine

- **Dimensions (mm):** 2185*1485*2485(L*W*H)
- **Muscles trained:** The whole body
- **Tube Size:** 120*50*t2.0



CRUX SP120 Half Rack

- **Dimensions (mm):** 1510*1465*2465
- **Main tube size:** 125*75*t4.0
- **Function:** Barbell plates rack, universal barbell sleeve, weight lifter rack, horizontal bar rack, elastic band rack



CRUX SP121 Power Rack

- **Dimensions (mm):** 2010*1770*2465
- **Main tube size:** 125*75*t4.0
- **Function:** Barbell plates rack, universal barbell sleeve, weight lifter rack, horizontal bar rack, elastic band rack



CRUX SP122 Linear Leg Press

- **Dimensions (mm):** 2050*1000*1469(L*W*H)
- **Muscles trained:** Leg muscles
- **Tube size:** 150*50*t2.0



CRUX SP123 Calf Raise Trainer

- **Dimensions (mm):** L1545*W550*H905
- **Main frame:** 120*50*t3.0
- **Seat Mat:** Adjustable **Material:** PU Foam
- **Muscles trained:** Calf muscles
- **Net wt:** 60Kg
- **Note:** Without weight plates



CRUX SP124 Olympic Flat Bench

- **Dimensions (mm):** 1590*1580*1180(L*W*H)
- **Muscles trained:** Pectorlis major, deltoid, triceps
- **Tube Size:** 120*40*t2.0



CRUX SP125 Olympic Incline Bench

- **Dimensions (mm):** 1470*1580*1375(L*W*H)
- **Muscles trained:** Pectorlis major, deltoid, triceps
- **Tube Size:** 120*40*t2.0



CRUX SP126 Olympic Decline Bench

- **Dimensions (mm):** 1838*1590*1185(L*W*H)
- **Muscles trained:** Deltoid, triceps
- **Tube Size:** 120*40*t2.0



CRUX SB127 Adjustable Bench

- **Dimensions (mm):** 1362*620*440(L*W*H)
- **Tube Size:** 80*40*t2.0



CRUX SB128 Adjustable Abdominal Bench

- **Dimensions (mm):** 1820*700*990(L*W*H)
- **Muscles trained:** The rectus abdominis, external oblique muscles
- **Tube Size:** 120*40*t2.0



CRUX SB129 Flat Bench

- **Dimensions (mm):** 1620*600*445(L*W*H)
- **Tube Size:** 120*40*t2.0



CRUX SB130 Back Extension

- **Dimensions (mm):** 1115*803*798(L*W*H)
- **Muscles trained:** Erector spinae, rectus abdominis, external oblique
- **Tube Size:** 100*40*t2.0



CRUX SB131 Arm Curl Bench

- **Dimensions (mm):** 1005*788*1189(L*W*H)
- **Muscles trained:** Biceps
- **Tube Size:** 120*40*t2.0



CRUX SB132 Olympic Weight Tree

- **Dimensions (mm):** 806*707*937(L*W*H)
- **Maximum weight:** 150kg
- **Tube Size:** 120*40*t2.0



CRUX SB133 Two Tier DB Rack

- **Dimensions (mm):** 2365*680*885(L*W*H)
- **Tube Size:** 120*40*t2.0



CRUX SB134 Stretching machine

- **Dimensions (mm):** 1392*684*1174(L*W*H)
- **Muscles trained:** Shoulder, chest, back, leg
- **Tube size:** 120*40*t2.0





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