

## AMT® 833 Adaptive Motion Trainer®

Like every piece of equipment in our Experience Series  $^{\text{\tiny{M}}}$  830 Line, the AMT $^{\text{\tiny{M}}}$  833 combines essential reliability and ease-of-use with a natural, low-impact stride to add value to your facility. The 830 Line console integrates our intuitive motion controls and uses an LED-based display that focuses on the essential fitness stats and displays that keep users moving.

At Precor, we recognize that a great workout is the sum of many parts. In your hands, the products, services and technologies we offer can be combined in countless ways to complement the programs, and atmosphere you're creating.









P30 Console





**P30** Console with optional 15" Personal Viewing System

The innovative and premium design of the Adaptive Motion Trainer\* (AMT\*) 833 now has a longer stride length to provide exercisers of all fitness levels with a wider range of motions during workouts. The AMT 833 intuitively responds to users' natural motion, allowing them to adapt their stride length for a comprehensive cardio workout – all without so much as the push of a button.

## **PRODUCT HIGHLIGHTS**

1 Console

Created to complement the entire Experience Series™ line, the P30 console features easy to use motion controls and a LED-based console that focuses on the essential fitness stats that keep users moving.

2 Stride Dial™

The pendulum-like swing of the Stride Dial helps users see their stride length to determine the muscle groups they are targeting.

**3** Handlebars Fit Everyone

Three distinct positions on the moving handlebars provide a comfortable fit for nearly every user. The Rodeo grip has a heart rate sensor built-in that provides monitoring and a stable, comfortable position when focusing on the lower body.

4 Total Body Workout in One Piece of Equipment

Users can go from short stride to long stride, walking to running, climbing to lunging, allowing them to target different muscle groups. Pushing and pulling the moving handlebars will engage the upper body, resulting in a total body workout.

5 Adaptive Motion

Naturally adapt stride length – without the need to push a button – from zero to 36 in (91 cm), to match the desired workout for each unique user.

## PRODUCT SPECIFICATIONS

**Dimensions (L x W x H):** 80 x 35 x 69 in / 203 x 89 x 175 cm

**Product Height with PVS:** 81 in / 208 cm **Weight:** 412 lbs / 187 kg

Power: Self-powered

Total Workouts: 6
Resistance Levels: 1 - 20

Adjustable Stride Length: 0 - 36 in / 0 - 91 cm

Language Selection: English, French, Spanish, German, Portuguese, Italian,

Russian, Dutch

Network Capabilities: C-SAFE enabled

FitLinxx® compatible

**Entertainment:** Optional - 15" Personal Viewing System (PVS)

Optional - Wireless entertainment cap Optional - Personal Entertainment Player (PEP)

Accessories: Accessories holder

Reading rack

Optional - Cable management

Warranty: Frame - 7 years

Parts (Mechanical & Electronic) - 2 years

Wear Items - 1 year Labor - 1 year

