

COMMERCIAL
SPINNER®
BIKES

 **SPINNING®**





LOVE YOUR RIDE.

The Spinning® program embodies many things—passion, heritage, innovation, quality and style, to name a few.

25 years ago, our passion for road cycling led us to invent the indoor cycling category and create a revolution in the fitness industry. As industry leaders, we are committed to developing the world's most respected instructor certification and continuing education programs, as well as offering the world's best indoor cycling bikes.

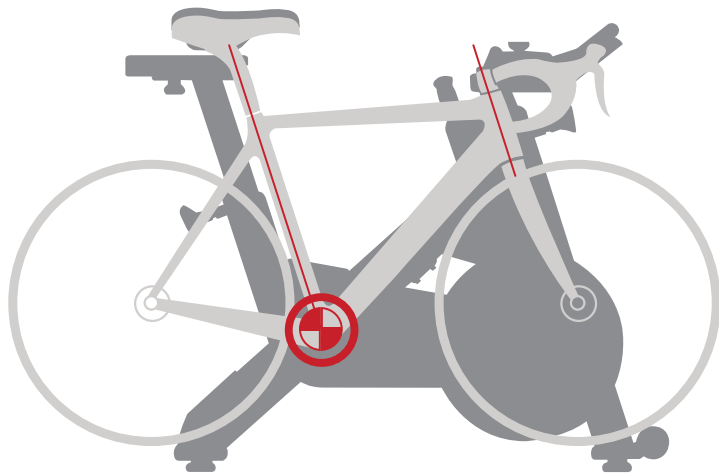
A bike should work so well that you don't have to think about it. It should seamlessly respond to the rider's input, feel comfortable for the duration of a long workout, and withstand the extreme level of use that gym and studio bikes take day in and day out.

Quality is our highest priority in everything we do, from crafting our Spinner® bikes to developing our Spinning education programs. We've recently partnered with Precor®, a leader in fitness innovation and the producer of the world's best fitness equipment, to deliver that quality with our newest line of commercial Spinner® bikes.

We sweat over every detail in our bike design, from our original perimeter-weighted flywheel system to our innovative threadless pedal connections. We've established the gold standard for indoor cycling bikes and education for everyone. This is the commitment of Spinning: to bring you the best indoor cycling experience in the world.

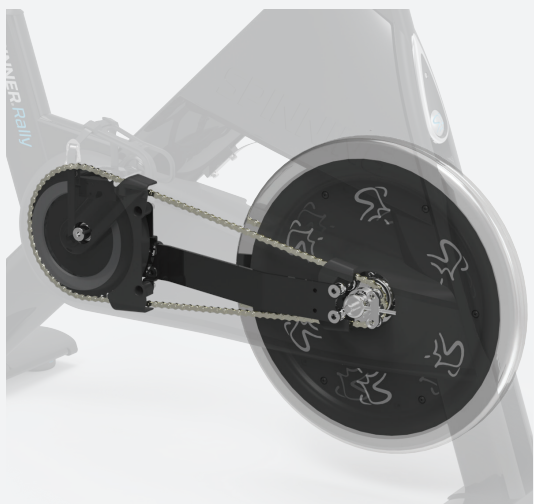
With innovative design and a dedication to supporting club operators and riders, Precor and Spinning are raising the bar for indoor cycling in 2016.

WHAT MAKES A SPINNER® BETTER.



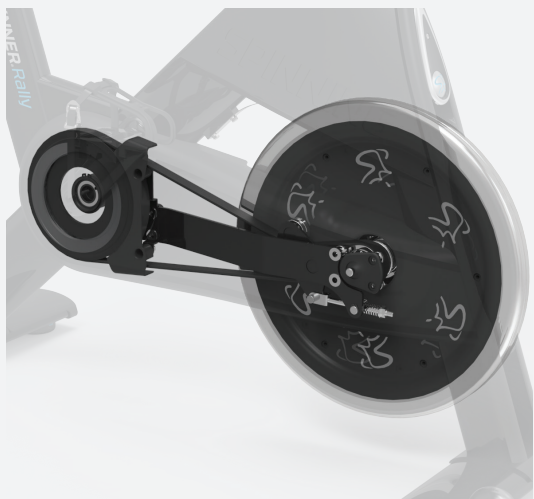
GEOMETRY + ERGONOMICS

The Spinner® bike was born from the road and engineered to match the geometry of a real road bike. The fixed gear and perimeter-weighted flywheel create the inertia and resistance to replicate the feel of the road, enabling the rider to have a smooth, fluid pedal stroke throughout the entire ride. Spinner bikes offer more adjustments than any other bike to fit any rider's size and/or skill level. No other bike comes close to matching the real road cycling geometry and fit of the Spinner line of bikes.



CHAIN DRIVE

Nothing compares to the authentic and connected feel of the road like our original chain-drive system. Adopted from real road bikes, our chain-driven bikes provide a pure feeling that gives riders instant feedback for their effort and intensity. Together with the perimeter-weighted flywheel, the chain drive is proven to be the optimal training tool for riders. Experience the original and best chain-driven bike on the market today.



FUSION DRIVE™

Keeping the best features of our chain-drive system, our advanced belt-drive system with Fusion Drive™ creates a smooth, quiet and virtually maintenance-free ride. Fusion Drive integrates our exclusive perimeter-weighted flywheel with an ultra-durable Poly-V Isoprene belt that meets our high standard for an authentic ride. It also includes a unique self-tensioning system that engages the belt for a tighter fit with less slip and no vibration. Unlike other belt drives on the market, our Fusion Drive system transfers more direct cranking energy for a seamless and reliable ride.

FEATURES



1

Materials:

All frame materials are pre- and powder-coated for lasting protection from sweat and moisture to deliver a great ride—class after class.

2

Drivetrain and Flywheel:

The authentic feel of the road is established via a perimeter-weighted flywheel (43 lb/19.5 kg). The inertia of our flywheel system smooths out the pedal stroke to eliminate any “dead spots” at the top and bottom of the stroke, enabling riders improve their pedaling technique and efficiency.

3

Pedals and Crank Arms:

All commercial Spinner® bikes use oversized, steel and contoured crank arms that accommodate the push and power of even the strongest rider. Our dual-sided, SPD®-compatible pedals feature threadless Morse taper connections, making them the strongest and most durable crank and pedal system on the market.

4

Saddle and Handlebar Adjustments:

Spinner® bikes offer the most adjustability and best ergonomics of any indoor cycling bike in the industry. On most models, the saddle and handlebars can easily be adjusted both up and down and fore/aft to fit every rider regardless of their size.

5

Access Panel:

An oversized one-bolt panel provides improved access to the drivetrain for easy maintenance.

6

Chain Tension Inspection Window:

The chain tension inspection window offers a direct view of the current chain tension and allows for simple lubrication without removing any parts.

7

Q Factor:

The measured space between the pedals, Q factor is an important element for comfort and performance on the bike. Spinner® bikes feature a precise Q factor that is modeled after road bikes to deliver better comfort and biomechanics through the hips, knees and ankles.

Overhead view of Q factor

Backside of chain guard

AT A GLANCE

COMMERCIAL SERIES

INCLUDES

- Heavy-duty materials and construction designed for studio, club or high-volume use
- Threadless Morse taper pedal and crank connections for increased durability
- All models available in chain or belt drive with Fusion Drive™ system
- Trio® and Trio QR® pedal options available for multiple connection options

	Rally	Shift	Ride
Commercial-grade aluminum frame	•		
Perimeter-weighted flywheel for smooth pedal strokes	•	•	•
Design components engineered exclusively for Spinner® bikes	•	•	•
Proprietary aluminum tube frame contoured for strength and sweat resistance	•		
Industry-leading Q factor for improved ergonomics and more comfortable fit	•	•	•
Horizontal and vertical rider adjustments with precision aluminum construction:	•	•	•
Fore/aft saddle slider (micro adjust)	•	•	•
Fore/aft handlebar slider (micro adjust)	•	•	
Seatpost and handlebar precision-fit vertical adjustment	•	•	•
Powder-coated aluminum bike stabilizers	•	•	
Edge-mounted transport wheels for greater portability	•	•	•
Integrated full coverage scuff protection on rear stabilizers	•	•	•
Durable leather brake pad	•	•	•
Oversized, one-bolt access panel with large compartment to the drivetrain for easy maintenance	•	•	•
Chain tension inspection window providing direct view of the current chain tension and allowing for simple lubrication	•	•	•
Increased clearance under bike for easy floor-area cleaning	•	•	•
High-quality ground welds in high sweat areas for protection against moisture	•	•	•
High-grade commercial steel frame		•	•
350 lb (158.7 kg) weight limit	•	•	•
Corrosion resistant bike leveler feet made of structural resin with rubber over-molding to provide improved floor grip and stability	•	•	•



SPINNER® RALLY

Aluminum Innovation

FEATURES

- Anodized commercial-grade aluminum frame
- Perimeter-weighted flywheel for smooth pedal strokes
- Design components engineered exclusively for Spinner® bikes
- Proprietary aluminum tube frame contoured for strength and sweat resistance
- Industry-leading Q factor for improved ergonomics and more comfortable fit
- Horizontal and vertical rider adjustments with precision aluminum construction:
 - Fore/aft saddle slider (micro adjust)
 - Fore/aft handlebar slider (micro adjust)
 - Seatpost and handlebar precision-fit vertical adjustment
- Powder-coated aluminum bike stabilizers
- Edge-mounted transport wheels for greater portability
- Integrated full coverage scuff protection on rear stabilizers
- Durable leather brake pad
- Oversized, one-bolt access panel with large compartment to the drivetrain for easy maintenance
- Chain tension inspection window providing direct view of the current chain tension and allowing for simple lubrication (chain model only)
- Increased clearance under bike for easy floor-area cleaning
- High-quality ground welds in high sweat areas for protection against moisture
- 350 lb (158.7 kg) weight limit
- Corrosion resistant bike leveler feet made of structural resin with rubber over-molding to provide improved floor grip and stability

OVERALL DIMENSIONS*:

21" W x 56.5" L x 40" H (53.3 x 143.5 x 102 cm)

OVERALL WEIGHT: **126 lb (57.1 kg)**

FLYWHEEL WEIGHT: **43 lb (19.5 kg)**

WEIGHT LIMIT: **350 lb (158.7 kg)**

FLYWHEEL COLOR: **Black**

FRAME: **Aluminum**

COLOR: **High Gloss Metallic black**

DRIVE OPTIONS



Chain Drive



Fusion Drive



SPINNER® SHIFT

The Steel Workhorse

FEATURES

- Steel commercial grade frame
- Perimeter-weighted flywheel for smooth pedal strokes
- Design components engineered exclusively for Spinner® bikes
- Proprietary steel tube frame contoured for strength and sweat resistance
- Industry-leading Q factor for improved ergonomics and more comfortable fit
- Horizontal and vertical rider adjustments with precision aluminum construction:
 - Fore/aft saddle slider (micro adjust)
 - Fore/aft handlebar slider (micro adjust)
 - Seatpost and handlebar precision-fit vertical adjustment
- Powder-coated aluminum bike stabilizers
- Edge-mounted transport wheels for greater portability
- Integrated full coverage scuff protection on rear stabilizers
- Durable leather brake pad
- Oversized, one-bolt access panel with large compartment to the drivetrain for easy maintenance
- Chain tension inspection window providing direct view of the current chain tension and allowing for simple lubrication (chain model only)
- Increased clearance under bike for easy floor-area cleaning
- High-quality ground welds in high sweat areas for protection against moisture
- 350 lb (158.7 kg) weight limit
- Corrosion resistant bike leveler feet made of structural resin with rubber over-molding to provide improved floor grip and stability

OVERALL DIMENSIONS*:
20" W x 60" L x 57" H (20 × 152.4 × 144.78 cm)

OVERALL WEIGHT: **140 lb (63.5 kg)**

FLYWHEEL WEIGHT: **43 lb (19.5 kg)**

WEIGHT LIMIT: **350 lb (158.7 kg)**

FLYWHEEL COLOR: **Black**

FRAME: **Alloy Steel**

COLOR: **Charcoal**

DRIVE OPTIONS



Chain Drive



Fusion Drive

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SPINNER® RIDE

Tradition Refined

FEATURES

- Steel commercial grade frame
- Perimeter-weighted flywheel for smooth pedal strokes
- Design components engineered exclusively for Spinner® bikes
- Proprietary steel tube frame contoured for strength and sweat resistance
- Industry-leading Q factor for improved ergonomics and more comfortable fit
- Horizontal and vertical rider adjustments with precision aluminum construction:
 - Fore/aft saddle slider (micro adjust)
 - Seatpost and handlebar precision-fit vertical adjustment
- Powder-coated steel bike stabilizers
- Edge-mounted transport wheels for greater portability
- Integrated full coverage scuff protection on rear stabilizers
- Durable leather brake pad
- Oversized, one-bolt access panel with large compartment to the drivetrain for easy maintenance
- Chain tension inspection window providing direct view of the current chain tension and allowing for simple lubrication (chain model only)
- Increased clearance under bike for easy floor-area cleaning
- High-quality ground welds in high sweat areas for protection against moisture
- 350 lb (158.7 kg) weight limit
- Corrosion resistant bike leveler feet made of structural resin with rubber over-molding to provide improved floor grip and stability

OVERALL DIMENSIONS:
21" W X 54" L X 40" H (137 X 53.3 X 102 cm)

OVERALL WEIGHT: **124 lb (56.4 kg)**

FLYWHEEL WEIGHT: **43 lb (19.5 kg)**

WEIGHT LIMIT: **350 lb (158.7 kg)**

FLYWHEEL COLOR: **Black**

FRAME: **Alloy Steel**

COLOR: **Metallic White**

DRIVE OPTIONS



Chain Drive



Fusion Drive

PRO SHOP

The Pro Shop Program offers a wide range of branded products that your members won't find anywhere else. We know our riders, and we know what inspires and motivates them to keep coming back for more. Our Pro Shop adds tremendous overall value to your program and immediate profit to your bottom line. Spinning® offers a wide range of branded products that:

- Offer wholesale prices on the complete line of Spinning apparel, products and accessories for your members
- Enhance the riding experience to keep your members coming back class after class
- Are designed with durability for lasting value
- Present incredible revenue-generating opportunities for facilities and studios



For more information, contact your Precor® or Spinning® representative or visit www.spinning.com.

CYCLING SHOES AND CLEATS

The right shoe can make a good Spinning® class great. Cycling shoes are available in a variety of styles and price ranges, so whatever your needs, there's a shoe that fits. The benefits of cycling shoes include:

Breathability: Cycling shoes feature mesh or another breathable fabric that circulates air to your feet.

More Power: The stiff sole of a cycling shoe allows more of the power generated by the leg during the pedal stroke to transfer to the bike.



More Efficient Pedal Stroke: Velcro straps hold your feet securely in place, which aids the upward movement of your pedal stroke and lends stability by reducing foot movement.

Muscle Balance: Cycling shoes allow you to clip into the bike pedals, which helps engage more leg muscles for balanced toning and strengthening.

MOUNTAIN SHOES (SPD® COMPATIBLE)



SPD® CLEAT



MEN'S SIDI® DOMINATOR 5



WOMEN'S GIRO® SICA VR70



WOMEN'S SIDI® DURAN

ROAD SHOES (LOOK® DELTA COMPATIBLE)



LOOK® DELTA CLEAT



MEN'S SIDI® GENIUS 5



MEN'S GIRO® APECKX ROAD



WOMEN'S SIDI® TARUS

PEDALS

Trio® Pedal



TRIO QR® Pedal



TRIO® PEDALS

- Snap-in toe cage platform accommodates shoes without cleats
- Readily accepts SPD compatible cleats
- Easily adapts to riders with Look Delta cleats
- Oversized pedal spindle with commercial sealed bearings

TRIO QR® PEDALS

- Patented quick release lever allows for easy platform removal
- Spinning® exclusive snap-in toe cage platform accommodates shoes without cleats
- Easily adapts to Look Delta cleats on one side and SPD on the other
- Oversized pedal spindle with commercial sealed bearings

MAINTENANCE AND WARRANTY

Although Spinner® bikes are built to be as maintenance-free as possible, the reality is that indoor bikes do require cleaning and regularly scheduled maintenance.

Precor-certified technicians have the industry's best customer satisfaction rate and are experts in servicing to keep your equipment running efficiently and effectively.

Extend the life of your bike and learn more about our warranty, extended warranty and Spintech® maintenance line.

Visit www.spinning.com or www.precor.com/spinning for more information.



EDUCATION

Our purpose is to empower facilities all over the world by providing them with the industry's best indoor cycling bikes, instructors and education.

From the creation of the first Spinner® bike in 1991 to our expansive education programs today, we strive to deliver comprehensive education options that support instructors with expert coaching skills, content, apps and marketing resources worldwide. From Spinning® Instructor Certification trainings to on-site and online continuing education courses, we know what it takes to develop a

team of great instructors and classes that keep clients coming back for more. We offer instructors everything they need to know to become dynamic leaders in indoor cycling.

You can easily join the Spinning movement by becoming an Official Spinning Facility. Together, we can create healthier communities and improve more lives, one ride at a time.



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