SUTIONS



DISCOVERY SERIES Plate Loaded Line





DPL520

Biceps Curl

- Dimensions (LxWxH):
 53 x 38 x 48 in (136 x 97 x 121 cm)
- Weight: 258 lbs (117 kg)
- Start Weight: 12 lbs (5.4 kg)
- Max. Load Weight: 225 lbs (102 kg)



DPL550

Shoulder Press

- Dimensions (LxWxH): 57 x 61 x 62 in (144 x 153 x 157 cm)
- Weight: 310 lbs (141 kg)
- Start Weight: 10 lbs (4.5 kg)
- Max. Load Weight: 360 lbs (163 kg)



DPL540

Chest Press

- Dimensions (LxWxH): 43 x 67 x 70 in (110 x 169.5 x 177.5 cm)
- Weight: 353 lbs (160 kg)
- Start Weight: 12 lbs (5.5 kg)
- Max. Load Weight: 450 lbs (204 kg)



DPL560 Leg Extension

- Dimensions (LxWxH): 62 x 63 x 47 in (158 x 159 x 120 cm)
- Weight: 291 lbs (132 kg)
- Start Weight: 13 lbs (5.9 kg)
- Max. Load Weight: 180 lbs (82 kg)



DPL541 Incline Press

- Dimensions (LxWxH): 43 x 78 x 70.5 in (109 x 199 x 179 cm)
- Weight: 346 lbs (157 kg)
- Start Weight: 12 lbs (5.5 kg)
- Max. Load Weight: 450 lbs (204 kg)



DPL561 Leg Curl

- Dimensions (LxWxH): 48 x 66 x 55 in (122 x 167 x 140 cm)
- Weight: 331 lbs (150 kg)
- Start Weight: 11 lbs (5 kg)
- Max. Load Weight: 180 lbs (82kg)



DPL308

Low Row

- Dimensions (LxWxH): 61 x 50.5 x 67 in (155 x 128 x 171 cm)
- Weight: 344 lbs (156 kg)
- Start Weight: 15 lbs (6.5 kg)
- Max. Load Weight: 450 lbs (204 kg)



DPL305

Pulldown

- Dimensions (LxWxH):
 66 x 51 x 76.5 in (168 x 130 x 194 cm)
- Weight: 326 lbs (148 kg)
- Start Weight: 5 lbs (2.5 kg)
- Max. Load Weight: 450 lbs (204 kg)



DPL521 Seated Dip

- Dimensions (LxWxH): 72 x 41 x 37 in (184 x 103 x 94 cm)
- Weight: 287 lbs (130 kg)
- Start Weight: 8 lbs (3.6 kg)
- Max. Load Weight: 360 lbs (163 kg)



DPL309 Seated Row

- Dimensions (LxWxH): 72 x 41 x 37 in (184 x 103 x 94 cm)
- Weight: 287 lbs (130 kg)
- Start Weight: 8 lbs (3.6 kg)
- Max. Load Weight: 360 lbs (163 kg)



DPL616 Calf Raise

- Dimensions (LxWxH): 59 x 30 x 40 in (150 x 76 x 101 cm)
- Weight: 165 lbs (75 kg)
- Start Weight: 25 lbs (11 kg)
- Max. Load Weight: 450 lbs (204 kg)



DPL0802 Smith Machine

- Dimensions (LxWxH): 56 x 84 x 90 in (142 x 214 x 229 cm)
- Weight: 395 lbs (179 kg)
- Start Weight of Smith Bar: 25 lbs (11.3 kg)
- Max. Load Weight: 600 lbs (272 kg)
- Angle of Glide Path: 11 degrees

DISCOVERY SERIES Plate Loaded Line

The Discovery[™] Series Plate Loaded Line combines all of the functional performance elements demanded from a strength line but with the design and attention to detail that is the hallmark of premium quality. The result is an exceptional experience for the first-time user and the seasoned athlete alike.



DBR817 Weight Plate Tree

Dimensions (LxWxH): 26 x 30 x 47 in (65 x 75 x 120 cm)

• Weight: 77 lbs (35 kg)



Upholstery

Premium pads and upholstery provides superior fit and control for the user, as well as enhanced strength and durability.

Grips

Enhance every session with ergonomic grips that improve comfort, control and feel by distributing weight across the entire palm.



Pivots

Cast pivot housing adds strength and provides an enhanced finished appearance.



Adjustments

Precise adjustments, including highly durable industrial-grade seat adjustments and large, ergonomic rubber adjustment paddles.

Standard Color Options





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