

COMPLETE
FITNESS
SOLUTIONS



DISCOVERY™ SERIES
Plate Loaded Line

PRECOR®
Fitness Made Personal



DPL520
Biceps Curl

- Dimensions (LxWxH):
53 x 38 x 48 in (136 x 97 x 121 cm)
- Weight: 258 lbs (117 kg)
- Start Weight: 12 lbs (5.4 kg)
- Max. Load Weight: 225 lbs (102 kg)



DPL540
Chest Press

- Dimensions (LxWxH):
43 x 67 x 70 in (110 x 169.5 x 177.5 cm)
- Weight: 353 lbs (160 kg)
- Start Weight: 12 lbs (5.5 kg)
- Max. Load Weight: 450 lbs (204 kg)



DPL541
Incline Press

- Dimensions (LxWxH):
43 x 78 x 70.5 in (109 x 199 x 179 cm)
- Weight: 346 lbs (157 kg)
- Start Weight: 12 lbs (5.5 kg)
- Max. Load Weight: 450 lbs (204 kg)



DPL550
Shoulder Press

- Dimensions (LxWxH):
57 x 61 x 62 in (144 x 153 x 157 cm)
- Weight: 310 lbs (141 kg)
- Start Weight: 10 lbs (4.5 kg)
- Max. Load Weight: 360 lbs (163 kg)



DPL560
Leg Extension

- Dimensions (LxWxH):
62 x 63 x 47 in (158 x 159 x 120 cm)
- Weight: 291 lbs (132 kg)
- Start Weight: 13 lbs (5.9 kg)
- Max. Load Weight: 180 lbs (82 kg)



DPL561
Leg Curl

- Dimensions (LxWxH):
48 x 66 x 55 in (122 x 167 x 140 cm)
- Weight: 331 lbs (150 kg)
- Start Weight: 11 lbs (5 kg)
- Max. Load Weight: 180 lbs (82kg)



DPL308

Low Row

- Dimensions (LxWxH): 61 x 50.5 x 67 in (155 x 128 x 171 cm)
- Weight: 344 lbs (156 kg)
- Start Weight: 15 lbs (6.5 kg)
- Max. Load Weight: 450 lbs (204 kg)



DPL305

Pulldown

- Dimensions (LxWxH): 66 x 51 x 76.5 in (168 x 130 x 194 cm)
- Weight: 326 lbs (148 kg)
- Start Weight: 5 lbs (2.5 kg)
- Max. Load Weight: 450 lbs (204 kg)



DPL601

Angled Leg Press

- Dimensions (LxWxH): 94 x 57 x 56.5 in (239 x 145 x 144 cm)
- Weight: 556 lbs (256 kg)
- Start Weight: 136 lbs (62 kg)
- Max. Load Weight: 1080 lb (490 kg)



DPL521

Seated Dip

- Dimensions (LxWxH): 72 x 41 x 37 in (184 x 103 x 94 cm)
- Weight: 287 lbs (130 kg)
- Start Weight: 8 lbs (3.6 kg)
- Max. Load Weight: 360 lbs (163 kg)



DPL309

Seated Row

- Dimensions (LxWxH): 72 x 41 x 37 in (184 x 103 x 94 cm)
- Weight: 287 lbs (130 kg)
- Start Weight: 8 lbs (3.6 kg)
- Max. Load Weight: 360 lbs (163 kg)



DPL616

Calf Raise

- Dimensions (LxWxH): 59 x 30 x 40 in (150 x 76 x 101 cm)
- Weight: 165 lbs (75 kg)
- Start Weight: 25 lbs (11 kg)
- Max. Load Weight: 450 lbs (204 kg)



DPL603

Hack Squat

- Dimensions (LxWxH): 83 x 63 x 56.5 in (211 x 160 x 144 cm)
- Weight: 455 lbs (206 kg)
- Start Weight: 89 lbs (40 kg)
- Max. Load Weight: 720 lbs (327 kg)



DPL0802

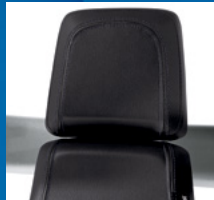
Smith Machine

- Dimensions (LxWxH): 56 x 84 x 90 in (142 x 214 x 229 cm)
- Weight: 395 lbs (179 kg)
- Start Weight of Smith Bar: 25 lbs (11.3 kg)
- Max. Load Weight: 600 lbs (272 kg)
- Angle of Glide Path: 11 degrees

DISCOVERY SERIES

Plate Loaded Line

The Discovery™ Series Plate Loaded Line combines all of the functional performance elements demanded from a strength line but with the design and attention to detail that is the hallmark of premium quality. The result is an exceptional experience for the first-time user and the seasoned athlete alike.



Upholstery

Premium pads and upholstery provides superior fit and control for the user, as well as enhanced strength and durability.



Pivots

Cast pivot housing adds strength and provides an enhanced finished appearance.



Grips

Enhance every session with ergonomic grips that improve comfort, control and feel by distributing weight across the entire palm.

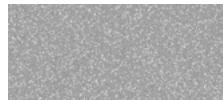


Adjustments

Precise adjustments, including highly durable industrial-grade seat adjustments and large, ergonomic rubber adjustment paddles.

Standard Color Options

Frame



Gloss Metallic Silver

Movement Arms



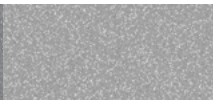
Metallic Ash

Frame



Metallic Ash

Movement Arms



Gloss Metallic Silver

Upholstery



Black



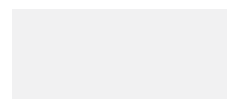
Mahogany



Imperial Blue



Paprika



Gloss White



Metallic Ash



Desert Bronze



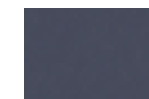
Gloss Metallic Silver



Graphite



Royal Blue



Slate



American
Beauty Red



Black Magic Gloss



Metallic Ash



Terra Cotta

• Colors may vary.
• Custom colors available. Please contact a Precor Sales Representative.