

COMPLETE  
FITNESS  
SOLUTIONS



DISCOVERY™ SERIES  
Plate Loaded Line

**PRECOR®**  
*Fitness Made Personal*



**DPL520**  
**Biceps Curl**

- Dimensions (LxWxH):  
53 x 38 x 48 in (136 x 97 x 121 cm)
- Weight: 258 lbs (117 kg)
- Start Weight: 12 lbs (5.4 kg)
- Max. Load Weight: 225 lbs (102 kg)



**DPL540**  
**Chest Press**

- Dimensions (LxWxH):  
43 x 67 x 70 in (110 x 169.5 x 177.5 cm)
- Weight: 353 lbs (160 kg)
- Start Weight: 12 lbs (5.5 kg)
- Max. Load Weight: 450 lbs (204 kg)



**DPL541**  
**Incline Press**

- Dimensions (LxWxH):  
43 x 78 x 70.5 in (109 x 199 x 179 cm)
- Weight: 346 lbs (157 kg)
- Start Weight: 12 lbs (5.5 kg)
- Max. Load Weight: 450 lbs (204 kg)



**DPL550**  
**Shoulder Press**

- Dimensions (LxWxH):  
57 x 61 x 62 in (144 x 153 x 157 cm)
- Weight: 310 lbs (141 kg)
- Start Weight: 10 lbs (4.5 kg)
- Max. Load Weight: 360 lbs (163 kg)



**DPL560**  
**Leg Extension**

- Dimensions (LxWxH):  
62 x 63 x 47 in (158 x 159 x 120 cm)
- Weight: 291 lbs (132 kg)
- Start Weight: 13 lbs (5.9 kg)
- Max. Load Weight: 180 lbs (82 kg)



**DPL561**  
**Leg Curl**

- Dimensions (LxWxH):  
48 x 66 x 55 in (122 x 167 x 140 cm)
- Weight: 331 lbs (150 kg)
- Start Weight: 11 lbs (5 kg)
- Max. Load Weight: 180 lbs (82kg)



### DPL308

#### Low Row

- Dimensions (LxWxH): 61 x 50.5 x 67 in (155 x 128 x 171 cm)
- Weight: 344 lbs (156 kg)
- Start Weight: 15 lbs (6.5 kg)
- Max. Load Weight: 450 lbs (204 kg)



### DPL305

#### Pulldown

- Dimensions (LxWxH): 66 x 51 x 76.5 in (168 x 130 x 194 cm)
- Weight: 326 lbs (148 kg)
- Start Weight: 5 lbs (2.5 kg)
- Max. Load Weight: 450 lbs (204 kg)



### DPL601

#### Angled Leg Press

- Dimensions (LxWxH): 94 x 55 x 56.5 in (239 x 140 x 144 cm)
- Weight: 556 lbs (256 kg)
- Start Weight: 136 lbs (62 kg)
- Max. Load Weight: 1080 lb (490 kg)



### DPL521

#### Seated Dip

- Dimensions (LxWxH): 72 x 41 x 37 in (184 x 103 x 94 cm)
- Weight: 287 lbs (130 kg)
- Start Weight: 8 lbs (3.6 kg)
- Max. Load Weight: 360 lbs (163 kg)



### DPL309

#### Seated Row

- Dimensions (LxWxH): 72 x 41 x 37 in (184 x 103 x 94 cm)
- Weight: 287 lbs (130 kg)
- Start Weight: 8 lbs (3.6 kg)
- Max. Load Weight: 360 lbs (163 kg)



### DPL616

#### Calf Raise

- Dimensions (LxWxH): 59 x 30 x 40 in (150 x 76 x 101 cm)
- Weight: 165 lbs (75 kg)
- Start Weight: 25 lbs (11 kg)
- Max. Load Weight: 450 lbs (204 kg)



### DPL603

#### Hack Squat

- Dimensions (LxWxH): 83 x 63 x 56.5 in (211 x 160 x 144 cm)
- Weight: 455 lbs (206 kg)
- Start Weight: 89 lbs (40 kg)
- Max. Load Weight: 720 lbs (327 kg)



### DPL0802

#### Smith Machine

- Dimensions (LxWxH): 56 x 84 x 90 in (142 x 214 x 229 cm)
- Weight: 395 lbs (179 kg)
- Start Weight of Smith Bar: 25 lbs (11.3 kg)
- Max. Load Weight: 600 lbs (272 kg)
- Angle of Glide Path: 11 degrees

# DISCOVERY SERIES

## Plate Loaded Line

The Discovery™ Series Plate Loaded Line combines all of the functional performance elements demanded from a strength line but with the design and attention to detail that is the hallmark of premium quality. The result is an exceptional experience for the first-time user and the seasoned athlete alike.



### Upholstery

Premium pads and upholstery provides superior fit and control for the user, as well as enhanced strength and durability.



### Pivots

Cast pivot housing adds strength and provides an enhanced finished appearance.



### Grips

Enhance every session with ergonomic grips that improve comfort, control and feel by distributing weight across the entire palm.

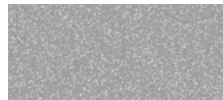


### Adjustments

Precise adjustments, including highly durable industrial-grade seat adjustments and large, ergonomic rubber adjustment paddles.

### Standard Color Options

#### Frame



Gloss Metallic Silver

#### Movement Arms



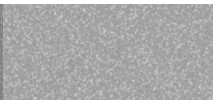
Metallic Ash

#### Frame



Metallic Ash

#### Movement Arms



Gloss Metallic Silver

#### Upholstery



Black



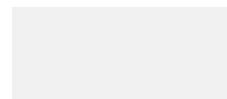
Mahogany



Imperial Blue



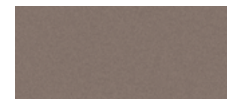
Paprika



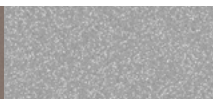
Gloss White



Metallic Ash



Desert Bronze



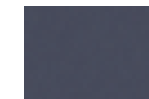
Gloss Metallic Silver



Graphite



Royal Blue



Slate



American  
Beauty Red



Black Magic Gloss



Metallic Ash



Terra Cotta

- Colors may vary.
- Custom colors available. Please contact a Precor Sales Representative.